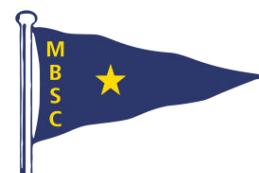


# SAILING INSTRUCTIONS

## Inter Club and Country Club Championships



Friday, 11 to Sunday, 13 April 2025 • Hosted by Mounts Bay Sailing Club

### ABBREVIATIONS

PC – protest committee	RC – race committee
OA – organising authority	RRS – racing rules of sailing
SI – sailing instructions	NoR – notice of race

*The notation '[DP]' in a rule in the SI means that the penalty for a breach of that rule may, at the discretion of the protest committee, be less than disqualification.*

### 1. RULES

- 1.1 The regatta will be governed by the rules as defined in The Racing Rules of Sailing.
- 1.2 No national prescriptions will apply.
- 1.3 The rules for the handling of boats and the equipment list, detailed as part of the Sailing Instructions, will apply.
- 1.4 Class rules will not apply.
- 1.5 If there is a conflict between languages the English text will take precedence.

### 2. NOTICES TO COMPETITORS

- 2.1 Notices to competitors will be posted on the Official Notice Board located at Mounts Bay Sailing Club.

### 3. CHANGES TO SAILING INSTRUCTIONS

- 3.1 Any change to the Sailing Instructions will be posted at least 30 minutes before the scheduled start time on the day it will take effect and signed by the RC.
- 3.2 Any change in the Sailing Instructions issued on the water will be signalled by the display L flag from the committee boat accompanied by one sound signal. A member of the PC may communicate these either verbally or in writing.

### 4. SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed from the main flag mast in front of the venue.
- 4.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in the race signal AP.
- 4.3 When flag Y is displayed ashore, rule 40.1 applies.

### 5. SCHEDULE OF RACES

Date	Time	Details
Friday, 11 <sup>th</sup> April	1545	Daily briefing at Mounts Bay Sailing Club
	1630	Racing for Session 1 Veteran teams. No warning signal will be made after 1830hrs.
	1900	Presentation of prizes for Session 1 Veteran races at Mounts Bay Sailing Club
Saturday, 12 <sup>th</sup> April	0900	Daily briefing at Mounts Bay Sailing Club
	0945	Racing for Session 2 Women's teams commences. No warning signal after 1145hrs.

PAGE 1 OF 4



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	1230	Presentation of prizes for session 2 races at Mounts Bay Sailing Club
Sunday, 13 <sup>th</sup> April	0900	Daily Briefing at Mounts Bay Sailing Club
	0945	Racing for Session 3 Open #1 teams commences
	1230	Racing for Session 4 Open #2 teams commences. No warning signal after 1500hrs.
	Straight after racing	Closing Presentations at Mounts Bay Sailing Club

- 5.1 As many races as possible will be sailed in the time available.
- 5.2 Each subsequent race will be started as soon as practicable after the previous race.
- 5.3 To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound at least one minute before a warning signal is made.

## 6 BOATS AND SAILS

- 6.1 The sails to be used will be allocated by the OA. It is the skipper's responsibility to ensure that the sails aboard the boat or in the sail bags provided are a complete set.
- 6.2 The sail combination to be used will be signalled from the RC boat at least three minutes before the warning signal. No sound signal is required. The signals shall have the following meanings.

Signal		Sail Combination to be used
None		Genoa + full mainsail + spinnaker
Flag K		Jib + full mainsail + spinnaker
Flag R		Jib + reefed mainsail + spinnaker
Flag Z		Jib + reefed mainsail + no spinnaker

- 6.3 Additional VB chord, shock chord, tape and personal "ditty bag" (containing tools, sail repair items and wool) may be brought aboard. Any cord and tape placed on the boat shall be removed at completion of the regatta.
- 6.4 Cable ties shall not be used to secure jib sheets to the headsail, the outhaul shall not be attached to the mainsail reefing point and tweakers shall not be tied to winch handle pockets.
- 6.5 The boats and standing rigging shall not be modified in any way, other than using the backstay tackle, and no additional equipment may be used to facilitate sailing of the boats.
- 6.6 Boom vang tackle shall not be modified, and vang sheeting (via a winch) is not permitted.
- 6.7 The penalty for infringement of SI 6.4, 6.5 and 6.6 shall be at the discretion of the PC.
- 6.8 Other restrictions or instructions may be given to the boats verbally by a member of the PC. The L flag is not required.
- 6.9 All yachts are equipped to Australian Maritime Safety Authority safety requirements. No equipment shall be taken off the boats.

## 7 IDENTIFICATION AND ASSIGNMENT OF BOATS

- 7.1 Boats will be identified by a black number on the bow and transom of each boat.
- 7.2 Teams will be notified by email of their allocated boat number by 12pm Friday, 11 April 2025.

## 8 CREW (INCLUDING SKIPPER)

- 8.1 Clubs shall field teams in 3 categories across 4 sessions including Veterans, Women's and Open (2 sessions).
- 8.2 The number of crew (including the skipper) will be 6 if all crew are male, or 7 if 2 or more crew are female or youth. Youth are defined as being under 25 years of age as at 1<sup>st</sup> May 2025.
- 8.3 **Metropolitan Teams**
  - a) Helms may not skipper in more than one session of the championship unless approval is granted in writing by the OA.
  - b) Crew members may not participate in more than 2 sessions of the championship unless approval is granted in writing by the OA.

- c) Championship session 1 shall be skippered and crewed predominantly by Veteran crews. A veteran is defined as 50 years of age or over as at 1<sup>st</sup> May 2025. A maximum of 2 crew members may be under 50 years of age but may not skipper the boat.

- d) Championship session 2 shall be skippered and crewed by all women.

#### 8.4 **Non-Metropolitan Teams**

- 8.5 Although compliance is encouraged, NoR 8.3 is not mandatory for non-metropolitan yacht club teams. Crew members from yacht clubs located outside the Perth metropolitan area are permitted to compete in all races scheduled.

### 9 **RACING AREAS**

- 9.1 The racing area will be in the vicinity of Mounts Bay Sailing Club.

### 10 **THE COURSE**

- 10.1 The diagram in Addendum B shows the courses, including the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left. The approximate course length will be 30 minutes.

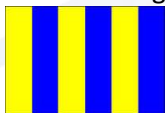
#### 10.2 Description of Marks

- a) Marks W, S and P will be red inflatable marks.
- b) Mark Wa will be a small orange mark.
- c) The start and finish mark will be a black and white checkered inflatable mark.
- d) The change of course mark will be a small orange mark.

### 11 **THE START**

- 11.1 Races will be started with a three-minute starting sequence. This changes RRS 26.

- 11.2 The Class flag for the warning signal will be signal flag G as shown below.



- 11.3 The starting line will be between the flag mast displaying an orange flag on the RC boat and the course side of a black and white chequered buoy or other as notified at the briefing. A buoy may be attached to the RC boat stern. Boats shall not pass between this buoy and the RC boat at any time.

- 11.4 A boat that does not start within 2 minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A4 and A5.

### 12 **CHANGE OF NEXT LEG OF THE COURSE**

- 12.1 To change the next leg of the course, the race committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.

- 12.2 RRS Rule 33 is modified such that a repeated sound signal and Flag C indicating a change of course will be the only signals made at the start of the new leg.

### 13 **THE FINISH**

- 13.1 The finishing line will be between a black and white chequered buoy or other as notified at the briefing, and the flag mast displaying an orange flag on the RC boat. The finish will be the same as the start line.

### 14 **PENALTY LIMITATION**

- 14.1 Penalties shall be taken as soon as possible except that on a downwind leg shall be taken as soon after the incident as possible, but not before the spinnaker head is below the main-boom gooseneck. The spinnaker may not be re-hoisted until the penalty is completed.

## **15 TIME LIMIT**

- 15.1 The target time for a race will be 30 minutes. Failure to meet the target time will not be grounds for redress.
- 15.2 Boats failing to finish within 5 minutes of the first boat finishing will be scored Did Not Finish. This changes RRS 35 and A4.

## **16 PROTESTS AND ON WATER HEARINGS**

- 16.1 Protests will be conducted in accordance with the Addendum A as written in the NOR and SIs.

## **17 SCORING**

- 17.1 One race is required to constitute a series.
- 17.2 Each session will be scored separately with a Club's final position in each session being counted as its score for the overall result.
- 17.3 No discards will be allowed. In the event of a tie the positions in session 4 will resolve the tie.

## **18 SAFETY REGULATIONS**

- 18.1 A boat that retires from a race shall notify the race committee as soon as possible. [DP]
- 18.2 Alcohol is not permitted on the yachts during racing.

## **19 BREAKDOWN AND TIME FOR REPAIRS**

- 19.1 Before the warning signal of a race, or within two minutes of finishing, whichever is later, a boat may display a green flag to signal breakdown or damage to the boat, her sails or injury to her crew and request a delay to the next start. She shall proceed as quickly as possible to the starboard side of the RC boat and remain there, unless otherwise directed.
- 19.2 The time allowed for repair, if any, shall be at the sole discretion of the RC.
- 19.3 After the warning signal, a race will not be postponed or abandoned due to breakdown unless the breakdown signal was displayed as required by SI 19.1.
- 19.4 Except when RRS 61.4(b)(2) & (3) apply, failure to effect repairs in the time allowed, or breakdowns identified after the warning signal shall not be grounds for redress. This changes RRS 61.1(a).

## **20 DAMAGE and DAMAGE REPORTS**

- 20.1 Each skipper is responsible for any damage or loss to their equipment unless responsibility is otherwise assigned by the PC.

## **21 HAUL OUT & HULL CLEANING**

- 21.1 Boats shall not be hauled out nor underwater surfaces cleaned without written permission from Swan River Sailing.

## **22 RADIO COMMUNICATION**

- 22.1 Communication between the boats, RC and Umpires is encouraged on a VHF channel number xx to be assigned at the briefing. Yachts will be supplied with radios.
- 22.2 No other radio communications (including mobile phones) are permitted.

## **23 DISCLAIMER**

- 23.1 All those taking part in this event do so at their own risk and responsibility. The OA, Swan River Sailing and any other associated sponsor disclaims any and every responsibility for loss, damage, injury or inconvenience that might occur to persons and things both ashore and at sea, because of participation in any way in this event. Attention is drawn to RRS Part 1, Fundamental Rules, in particular, the RRS 3 which states that: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone."

### A1 CHANGES TO THE RACING RULES of SAILING

#### A1.1 Changes to the Definitions and the Rules of Part 2

- (a) Add to the definition Proper Course: 'A boat taking a penalty or manoeuvring to take a penalty is not sailing a proper course.'
- (b) When RRS 20 applies, the following arm signals are required in addition to the hails:
  - (1) for 'Room to tack', repeatedly and clearly pointing to windward; and
  - (2) for 'You tack', repeatedly and clearly pointing at the other boat and waving the arm to windward.

#### A1.2 Changes to Rules Involving Protests and Exoneration

- (a) In RRS 60.2 (c) 'serious' is deleted.
- (b) The third sentence of RRS 60.2(a) (1) is deleted.
- (c) While racing, a boat that may have broken a rule of Part 2 (except RRS 14 when she has caused damage or injury) may take a single gybe when on an upwind leg or single tack when on a downwind leg. This changes RRS 44.

### A2 PROTESTS BY BOATS

When a boat protests under a rule of Part 2 or under RRS 31 or 42 for an incident in the racing area, she is not entitled to a hearing and the following applies.

- (a) She shall hail 'Protest' and conspicuously display a "Y" (Yankee) flag at the first reasonable opportunity for each incident.
- (b) The boats shall be given time to respond. A boat involved in the incident may respond by promptly taking an appropriate penalty or clearly indicating that she will do so as soon as possible.
- (c) If no boat takes a penalty, an umpire shall decide whether to penalize any boat.
- (d) If more than one boat broke a rule and was not exonerated, an umpire may penalize any boat that broke a rule and did not take an appropriate penalty.
- (e) An umpire shall signal a decision in compliance with rule A3.

### A3 SIGNALS BY UMPIRES

#### A3.1 An umpire shall signal a decision as follows:

- (a) A green and white flag with one long sound means 'No penalty.'
- (b) A red flag with one long sound means 'The identified boat is penalized.'
- (c) A black flag with one long sound means 'The identified boat is disqualified.'

#### A3.2 A boat penalised under rule A3.1(b) shall take a Two-Turns Penalty in accordance with RRS 44.2 The provisions in SI 14.1 apply. A boat disqualified under rule A3.1(c) shall promptly leave the course area.

### A4 PENALTIES INITIATED BY UMPIRES

#### A4.1 Rule Changes

Rule 60.5(c)(1) is changed so that the provision for exonerating a boat may be applied by the umpires without a hearing, and it takes precedence over any conflicting rule of this appendix.

#### A4.2 When a boat

- (a) breaks RRS 31 or 42 and does not take a penalty,
- (b) gains an advantage despite taking a penalty,
- (c) breaks RRS 2, or
- (d) fails to comply with rule 44.2 when required by an umpire,

an umpire may penalize her without a protest by another boat. The umpire shall impose a penalty of two or more turns, each including two tacks and two gybes, signalled by displaying a red flag and hailing the boat



accordingly, or penalize her under rule A3.1(c) or report the incident to the protest committee for further action.

A4.3 If the umpires decide that a boat may have broken a rule other than those listed in rules A2 and A4.2, they shall so inform the protest committee for its action under RRS 60.

A5 REQUESTS FOR REDRESS OR REOPENING; APPEALS; OTHER PROCEEDINGS

A5.1 A boat intending to request redress because of circumstances that arise before she finishes or retires shall clearly display a red flag as soon as possible after she becomes aware of those circumstances, but not later than two minutes after finishing or retiring. She shall keep the flag displayed until she has informed the umpires after finishing or retiring.

A5.2 There shall be no request for redress or an appeal from a decision made under the rules of this appendix. Rule 63.7(b) is changed to 'A party to the hearing may not ask for a reopening.'

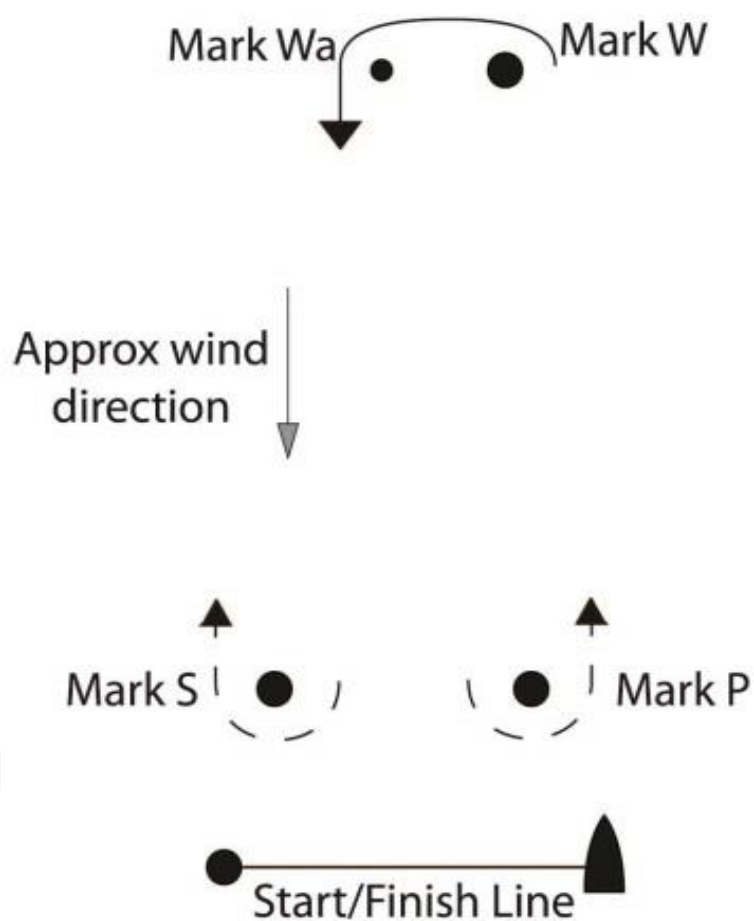
A5.3 A competitor may not base a request for redress on a claim that an action by an official boat was improper. The protest committee may decide to consider giving redress in such circumstances but only if it believes that an official boat, including an umpire boat, may have seriously interfered with a competing boat.

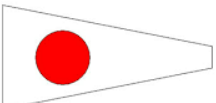
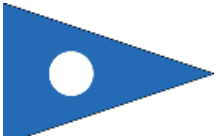

A5.4 No proceedings of any kind may be taken in relation to any action or non-action by the umpires, except as permitted in rule A5.3.

- A5.5
- (a) Protests and requests for redress need not be in writing.
  - (b) The protest committee may take evidence and conduct the hearing in any way it considers appropriate and may communicate its decision orally.
  - (c) If the protest committee decides that a breach of a rule has had no significant effect on the outcome of the race, it may impose a penalty or make any other arrangement it decides is fair for all boats affected, which may be to impose no penalty.

A5.6 Neither the race committee nor the protest committee shall protest a boat for breaking a rule listed in rule A2, except rule 14 when there is damage or injury.





	Start – W – Wa – Finish
	Start – W – Wa – S/P – W – Wa - Finish
	Start – W – Wa – S/P – W – Wa – S/P – W – Wa - Finish